



SUPPAGOOD TALENT

Racheal Kwacz

Malaysia's Child & Family Development Specialist



ABOUT RACHEAL

PARENTING • ENTREPRENEURSHIP • LEADERSHIP

RACHEAL KWACZ is a Child and Family Development Specialist on a mission to redefine Asian Parenting. Passionate about marriage, families, and personal growth. Having trained, educated, and worked in the USA, Racheal studied under Deborah Carlisle Solomon, former RIE® Executive Director, in Magda Gerber's Educaring® Approach. She has a degree in Theatre and Child & Family Development and is a master of marrying both her backgrounds into a Lively, Fun, and Interactive experience.

This Thought Leader has years of International Experience working with children, training educators, leading and developing curriculum for childcare centres, and being a parent educator. She specialises in equipping and empowering parents with tools for Respectful Parenting through the "RACHEAL Method".

IN THE NEWS

Racheal has been featured and contributed with parenting articles on Calibre, Happy Go KL, and HerInspirasi with topics surrounding schools, toddlers, new parents and even gifting! There's a wealth of information when it comes to parenting and this #kacaumama has lots to share.

She has been featured on TimeOut KL, HerWorld, BFM, Zafigo and many more publications:



rachealkwacz

1,616 posts

7,063 followers

1,337 following

Racheal Kwacz

Child & Family Development Specialist

✨ Redefining Asian parenting

🧠 Brain-based, heart-centered approaches

🌱 Neurodiverse and trauma-informed

linktr.ee/rachealkwacz



RESPECTFUL PARENTING 🏠



Come join our favorite Child & Family Development Specialist, Racheal Kwacz biweekly on Wednesdays 9:45pm (GMT+8) as she walks us through the places that we love, lead, and parent together. ❤️ ✨

1.8K Followers

CONSULTANT / CURATOR

With her rapidly growing following on social media, Racheal uses her platform to share to mummies and educators alike some of her curated experiences. When it comes to tips/tricks and ideas - #kacaumamahack has been the perfect outlet for her audience.

Racheal Recommends provides insight to some of the experiences and activities she participates with her family. A few examples on hand have shown the virality of her recommendations and the engagement of her posts show a lot of interest from parents who are looking for more information. She does honest reviews and shares her expertise as a child and family development specialist.

Her growing **Respectful Parenting Club** on Clubhouse has garnered a healthy following with her followers coming together bi-weekly to listen in on conversations around parenting and related topics.

SERVICES

SIGNATURE WORKSHOPS

2-4 hour intensive workshops both in-person and online. Covering a range of topics from food wars to device wars, toddler wars to body safety.

ACTION PLANS

Specifically trained to marry science + heart, Racheal helps you create a clear vision and sense of purpose with the tools and support you need execute and thrive in any season.

PRIVATE CONSULTATIONS

1:1 private consultations for undivided time with Racheal to tackle any parenting issue with expert guidance on problem-solving solutions together.

PLEASE REQUEST FOR RACHEAL'S
EXTENSIVE WORKSHOP LIST



MASTERCLASS

RESPECTING PARENTING (LEVEL 1)

Fall in love with parenting again and enroll for an 8-week online Respecting Parenting Masterclass Program. Racheal will walk you through parenting curriculae carefully guided by decades of research and neuroscience in an easy-to-understand, dynamic, intimate way.

Week 1: Intro to Respectful Parenting

Week 2: Family of Origin: Past to Present

Week 3: The Neuroscience of Tantrums

Week 4: Healthy Boundaries

Week 5: Consistency & Routine

Week 6: Play and Wonder

Week 7: Intimacy & Marriage

Week 8: Parenthood

RESPECTING SAFE (LEVEL 2)

Be expertly guided through Racheal's signature approach of marrying inner reparenting shadow work with outer practical parent-child tools. Explore meaningful topics like raising sons and daughters, sex and relationships, peer pressure, body safety, building a village and growing bodies free from fear and harm.

Week 1: Safekeeping & Groundwork

Week 2: Magnificence & Repair

Week 3: Circle of Influence

Week 4: Mothers & Daughters

Week 5: Fathers & Sons

Week 6: Sex & Relationships

Week 7: Coming of Age

Week 8: Roots & Home

THE RACHEAL METHOD

The RACHEAL Method developed by Racheal Kwacz is a brain-based, heart-centered approach guided by Respectful Parenting principles. Trauma-informed and inclusive, it is the framework that guides her extensive work with children, parents, educators, and leaders.



WORKSHOPS AND CURATED EXPERIENCES



RACHEAL KWACZ PRESENTS
RESPECTING PARENTING MASTERCLASS
STARTING 8 MAR | 8 WEEKS | 16 SESSIONS
PRICES FROM USD \$449
Register with team@rachealkwacz.com

Mama MONDAYS
MOMMY BOOTIE-CAMP
+
MAMA TIME WITH RACHEAL KWACZ
(Child & Family Development Specialist)
3RD MONDAY OF EVERY MONTH
10AM TILL 12PM
B STUDIOS



RACHEAL KWACZ PRESENTS
FOOD WARS ONLINE
How to stop the battle and start enjoying happy healthy mealtimes TOGETHER!
LEARNING | DIALOGUE | DISCUSSION
MON-TUE 22 & 23 FEB 2021
8:30-10:30 PM MYT VIA ZOOM
RM 495 | USD 125
Register: team@rachealkwacz.com



The children's house®
Meaningful years with Montessori

Extend the night at Alila Bangsar and enjoy an **exclusive staycation rate!**
Approach us for more details!

A date night with Racheal Kwacz
FOR HUSBANDS & WIVES
SATURDAY, 9TH NOV 2019
Venue: Alila Bangsar
58, Jalan Ang Seng, 50470 Kuala Lumpur
Session 1: 5pm to 7pm | Session 2: 7pm to 9pm
*Session has been decided upon Lucky Draw.
*This event is exclusively for ADULTS only.
Dress code: Comfortable romantic.

Ready for a night of joyful connection with your spouse? Needing a break from the relentless caring and parenting?

Come join Racheal Kwacz for a cosy romantic night of love and laughter with your partner-in-crime!

- Enjoy a delicious dinner buffet
- A session specially curated by Racheal Kwacz
- Relax and enjoy the time together without having to worry about planning anything
- Rediscover and connect with your spouse in privacy
- Play, laugh, fall in love all over again with each other
- Meet other parents in the same season
- Appreciate and celebrate the joys of marriage and parenthood together

Official partners: **rk** **SUPPARETREAT**

About Racheal Kwacz
Racheal is a Child and Family Development Specialist, women's leadership speaker and mama tribe writer. Having trained, educated and lived in the USA, Racheal has a degree in Theatre and Child & Family Development.
As a thought leader, Racheal has had years of international experience working with children, training teachers, leading and developing curriculum for childcare centres as well as being a parent educator. She focused on equipping and empowering parents with tools for Respectful Parenting through "The RACHEAL Method" in a lively, fun and interactive way.

kidxy ADULTS ONLY

PARENTING WORKSHOPS – HELP SERIES

DEVICE WARS (Sat, 20 Oct, 10am to 12pm)
Having a hard time finding balance between technology and little ones? What are some strategies to use to create firm boundaries but not inhibit the learning process? Struggling between transitions and setting limits?

HITTING, BITING, SPITTING, SCREAMING (Sat, 10 Nov, 10am to 12pm)
Is my toddler behavior normal? How do I deal with harmful behavior and keep everyone safe? What are some healthy ways to help my little one cope with anger and conflict?

MY BODY IS MINE (Wed, 14 Nov, 8pm to 10pm)
With 1 in 10 kids being sexually abused before they turn 18, what can I do as a parent or guardian to create safe spaces for them? What can I do at home so I can protect my little one out there?

SIBLING RIVALRY (Wed, 28 Nov, 8pm to 10pm)
Have a little one on the way or struggling to cope with siblings or multiples? This class is perfect for you if you want a Respectful Parenting approach to helping your child go from jealousy to bonding and encouraging a life-long relationship.

IN-LAWS, OUT-LAWS, PARENTS, SPOUSE (Sat, 8 Dec, 10am to 12pm)
Feel like there's definitely too many cooks in the kitchen? Do you come from mixed cultures or a very different upbringing from your spouse? Learn how to parent successfully together for your little one.

Visit <http://www.kidxy.com/rk> to purchase.



Racheal Kwacz is a child and family development specialist. As creator of the "Racheal Method", she combines her 20+ years experience working with children from USA and Asia with the foundations of "Respectful Parenting" leading parents and teachers around the world to raise kind, confident, compassionate, resilient little ones.



THE CHILDREN'S HOUSE
MOTHER'S DAY APPRECIATION
HOSTED BY RACHEAL KWACZ
11 MAY 2019 | #KACAUMAMA



CMCO safe space for littles

RACHEAL KWACZ X SUPPARETREAT
MAMA & ME CIRCLE TIME
SAT 17 OCT | 10-11AM
RM35 VIA ZOOM
Register on www.supparetreat.com/events



SPEAKING ENGAGEMENTS

Barbie
Supparetreat
Integricity
MJ Med Talk

Canridge
(4 cities)

Love Bonito
Leaps of Knowledge
Conference
BStudios
The Odyssey

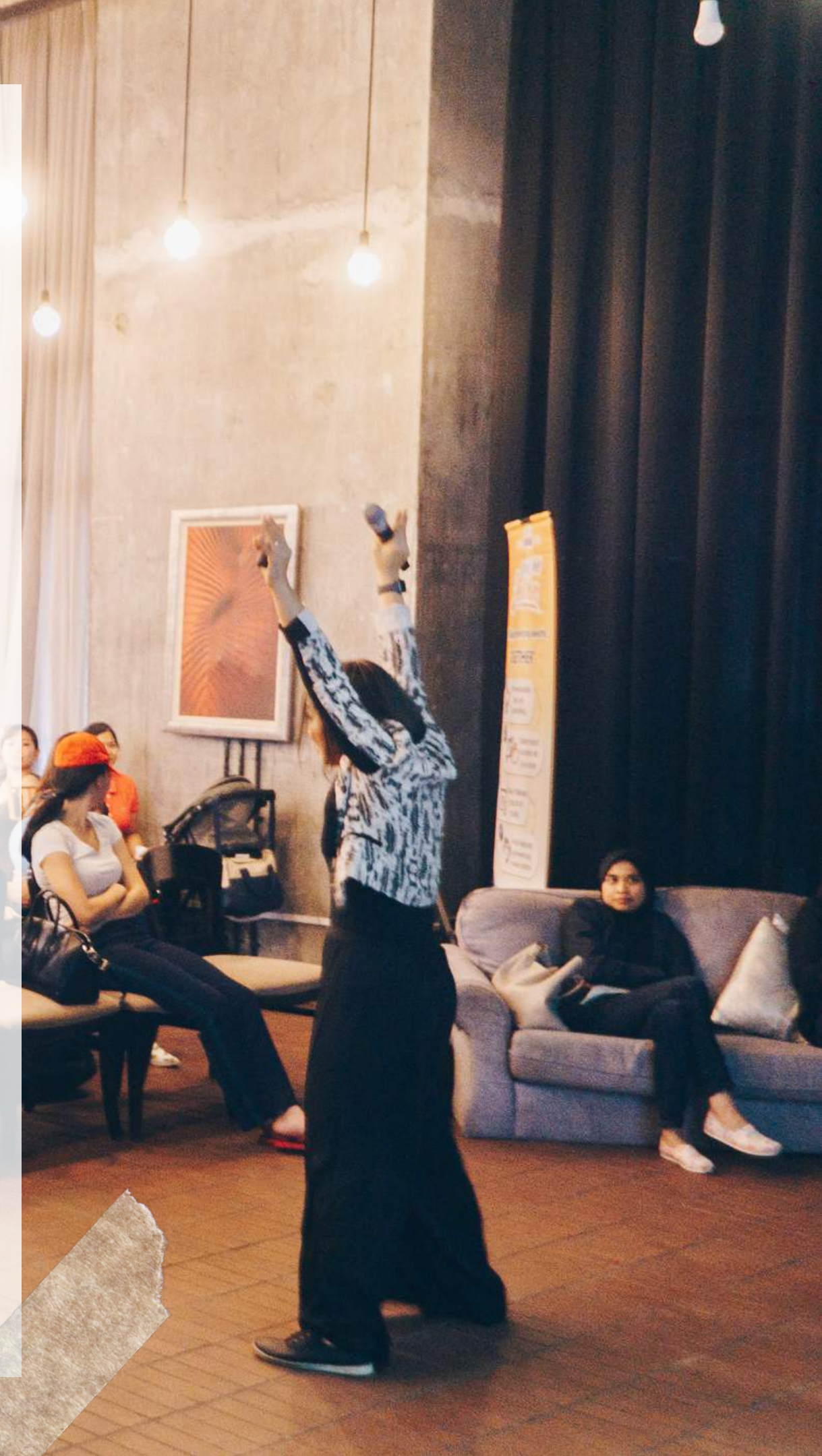
The Children's House

Digi

Benefits of Play - Parenting Dialogue
Mametime | Mama & Me | Remember Her
Toddler Wars
Kids' Screen Time- Smart Up or Dumb Down?
Digital Wars
Toddlers Series: How to Plan, Prevent,
Resolve & Stay Calm?
Help Series: Separation Anxiety
Authentic Leadership
Respectful Teaching
Protective Behaviours & Body Safety
Mama Tribe Series
Preschool Wars
Mama's Day Out
Mother's Day x Bowerhaus
Parent's Date Night
Digizens Parenting: Work-Life Balance

CORPORATE CLIENTS

Racheal has been invited by numerous clients speaking on various topics in her area of expertise. From speaking engagements to moderating forums and Q/A opportunities, she is no stranger to working with a small intimate crowd to large conferences and megafairs. Some of her clients include:





CONTACT RACHEAL

MAILING ADDRESS

47-0-1, Jalan Permai, Kristal
Court, Taman Seputeh, 50460
Kuala Lumpur, Malaysia.

RACHEAL'S MANAGEMENT

Jasmine +60 17 821 2132
team@rachealkwacz.com

SOCIAL MEDIA

Instagram: @rachealkwacz
Facebook: fb.com/rachealkwacz
Website: www.rachealkwacz.com